

## **Family Life Makes a Difference**

Research suggests that children who are well adjusted, happy and motivated tend to come from families with the following features:

### **Emotions**

Children tend to be happy, well-balanced when they feel important and cared for.

### **Honesty and openness**

We all feel comfortable sharing our thoughts with each other. Children are encouraged to express their feelings and talk honestly about what they are experiencing.

### **Positive Reinforcement**

Family members motivate and help each other, especially during difficult or challenging times. Most of the comments made for each other in everyday conversation are positive.

### **Responsibility**

Parents help their children to be more responsible for their actions. They help children solve their own problems.

### **Tolerance**

Children are encouraged to share their views and offer other opinions. Parents genuinely listen to those views without being judged.

### **Maturity**

Children gradually acquire responsibilities and privileges as they grow and become more independent. The sense of accomplishment that the child obtained achievements and have had high expectations help him/her mature.

### **Involvement in Learning**

Parents are very involved in their children's learning. They provide challenges and encourage them to think and learn every day.

### **Involvement in community activities**

Family Volunteering helps children connect with the community and learn more about citizenship.

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